# CHILD DEVELOPMENT 1
# ACTIVITIES

Course Code:  5800

## A. Pregnancy and Prenatal Development

### 1. Analyze conditions that impact pregnancy.
- Recognize the early signs of pregnancy.
- Explain the importance of early and regular medical care.
- Identify the signs of pregnancy complications.
- Identify maternal and paternal behaviors that negatively impact pregnancy.
- List diseases that would affect the health of the unborn baby and mother.

### 2. Determine the nutritional needs of mother and child.
- Describe the developmental changes of the fetus during pregnancy.
- Explain how the recommendations of the Food Guide Pyramid are used to determine the nutritional needs of the expectant mother.
- Compile various diets for expectant mothers with various health issues i. e. mothers who are diabetics, etc.

### 3. Identify prenatal stages in development from conception to birth.
- Identify terms related to pregnancy and prenatal development.
- Compare the characteristics of pre-term and full term infants.

### 4. Summarize the stages of labor and delivery.
- Provide an overview of the process of childbirth.
- Identify stages of childbirth and characteristics of each stage.

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**B.     Growth and Development**

1. **Explain the developmental domains (physical, cognitive/intellectual, emotional, social, language, self help, moral development).**
   - Define developmental domains and explain characteristics within each domain.
   - Differentiate between typical stages of development and ages of development
   - Create a timeline of developmental milestones

2. **Explain why the first three years of life are critical to a child's development.**
   - Describe the physical, cognitive, emotional and social needs of the neonatal.
   - Develop a growth chart to show the needs of a child during the first three years.
   - Discuss the results not meeting the needs of a child during the first three years.
   - Research specific examples of children who experienced various challenged during the first three years and the results.

3. **Compare the fundamental principles of child development theorists.**
   - Discuss the contributions of the following theorists: Skinner, Piaget, Erikson, Bronfenbrenner, Vygotsky, Maslow, Jensen
   - Develop a presentation on one of the theorists to share with the class. Be creative.

4. **Analyze the influence of heredity and environment on development.**
   - Create a Venn diagram showing personal and individual characteristics that were inherited or shaped by the environment or both.
   - Collect current event articles that talks about how heredity and environment shapes the development of individuals.

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5. **Recognize the significance of parent/child bonding and family adjustments to the newborn.**
   - Discuss strategies for supportive and constructive interactions between children and families.
   - State the benefits of bonding.
   - Compare the effects of bonding with the effects of not bonding.
   - Role play situations of parent/child bonding, of parent/child not bonding; of family adjustments to the newborn, and maladjustments to the newborn.

6. **Generalize the five patterns of development for children.**
   - Explain the five patterns of child development:
     - Development is similar for everyone
     - Development builds on earlier learning
     - Development proceeds at an individual rate
     - The different areas of development are interrelated
     - Development is continuous throughout life
   - Chart and display each pattern of development.
   - Relate prior knowledge of child development theorists to patterns of development.
   - Discuss common things that are said to children that may adversely affect a child's development.

7. **Identify a series of specific skills or behaviors that are developmentally appropriate for children.**
   - Describe developmentally appropriate skills that students can expect to observe.
   - Observe infants, toddlers and children under the age of six; compare and contrast their developmental levels, skills and abilities to their expected developmental milestones.
   - Discuss the importance of play as it relates to the development of young children.
   - Discuss some unrealistic expectations for children at various ages.

December 2004
Occupational Elective
South Carolina Family and Consumer Sciences

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**8. Identify the characteristics of children with special needs (physical, cognitive/intellectual, emotional, social, language, self help).**
- Use case studies of infants and children who show signs of developmental delay; suggest actions that parents or caregivers should take in these cases.
- Research identifying behaviors of children with various special needs.

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### C. Health and Safety

1. **Identify childhood illnesses/diseases and appropriate treatment.**
   - Provide definitions and explain symptoms of common childhood illnesses/diseases and treatments.
   - Research images of physical symptoms and create presentations to share with the class.

2. **Explain the role that immunizations and health check-ups play in the wellness of the child.**
   - Request a guest speaker with a background in public health (i.e., school nurse, district health/wellness coordinator) to share information and experiences. Allow for a question/answer session. Follow up with a reflective writing assignment.
   - Identify careers related to health and safety of children.

3. **Assess safety hazards for children of different ages.**
   - Provide a list of playground regulations for equipment and ground coverings.
   - Review examples of safety hazards in classrooms, kitchens, walkways, parking lots, etc. in childcare settings.
   - Develop a checklist and inspect a community playground.
   - Given specific situations/scenarios, identify potential safety hazards.
   - Collect current event articles related to safety hazards.

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4. **Demonstrate effective strategies for handling emergencies, accidents, and injuries.**
   - Request a guest speaker who has experience as an emergency safety expert (i.e. fire marshal, urgent care worker, emergency room staff member).  Allow for a question/answer session.  Follow up with a reflective writing assignment.
   - View videos on basic first aid, CPR, and AED.
   - Invite a trainer from American Heart Association/American Red Cross to provide certifications in basic first aid, CPR, and/or AED.

5. **Explain how the common physical and behavioral indicators of child abuse and neglect are detected and reported.**
   - Request a guest speaker from the Department of Social Services. Allow for a question/answer session.  Follow up with a reflective writing assignment.
   - Research information on the Internet or using other resources.
   - Create brochures, displays, handouts or other resources to share with community members.
   - Schedule an awareness day and invite members of the FACS Advisory Council, and other stakeholders.  Allow students to present information through role-play, power points, etc.

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   **D.     Child Development Careers and Employability Skills**

   **1.  Explore careers related to children.**
   - Provide an opportunity to research careers in SCOIS.  Present their findings to the class using standard oral presentation skills.  In a school hallway, create a visual display of all work.
   - Plan a early childhood career fair. Prepare handouts and presentations. Invite parents, community members, etc. Dress appropriately and represent early childhood careers.

   **2.  Demonstrate job seeking and job keeping skills.**
   - Perform a multimedia job search activity (i.e., local newspaper, web-related job finders, etc.)
   - Practice interpersonal and team-building skills through role-play scenarios.
   - Create a resume; have resume evaluated by a career development professional at a local college campus.
   - Practice a mock interview; invite a personnel administrator to the class to discuss effective interviewing skills.

   **3.  Demonstrate leadership and organizational skills.**
   - Participate in FCCLA.
   - View videos of effective leadership skills and discuss.
   - Create and maintain a comprehensive course portfolio.
   - Compare effective and ineffective leadership and organizational skills.
   - Role play effective and ineffective leadership and organizational skills.